



Taking Action. Inspiring Change.

Data doesn't lie.
And the truth
is, wellness
works – but
only when that
data is made
actionable.



Orthus Health saves employers money by enhancing the health of their employee population.

We seamlessly combine data, analytical science and clinical expertise to pinpoint at-risk individuals, modify behavior and drive the greatest impact on employee health and employer savings.

With a singular, integrated mobile-enabled wellness platform, Orthus Health:

- Evaluates population health with science-based analytics that predict a population's top 8 modifiable health risks down to the individual
- Teams your employees with US-based certified health coaches who leverage pertinent clinical data to care, engage, and inspire action
- Engages employees with personalized digital wellness empowering individuals to avoid emerging risk or better manage chronic conditions
- Continuously monitors the wellness process to keep saving employers money

Our Formula for Wellness that Works

Discover 
hidden savings and
emerging modifiable
risks

Direct 
personalized action
that motivates
positive change

Deliver 
individualized
health and lifestyle
interventions

Drive 
meaningful health
cost trends that
last

A Wellness Platform Curated for You



KNOW YOUR NUMBER®

Health survey that pairs with member biometric results to provide a personal health risk score and report



INCENTIVE MANAGEMENT

Tools to design, implement, and track benefit program incentives



WELLNESS CHALLENGES

Individual and group challenges to encourage member engagement



LIFESTYLE COACHING

Health coaching for modifiable behaviors, powered by analytics



VALUE ADD HEALTH PROGRAMS

Tobacco cessation, weight loss, and pre-hypertension



DIABETES MANAGEMENT

Continuous monitoring, intelligent alerts, and coaching support using any glucometer

It's time
to
rethink
wellness.

Taking Action & Inspiring Change in Employee Lives

"I work with my Orthus Health Coach and it has been a wonderful experience. Last July I weighed in at 196 lbs. Today, the scale smiled back at 144 lbs. For the first time in 45 years, I like myself. I can honestly say I never did before."

– Stacey Rawls
Balls Food Employee